

HOLISTIC ESTHETIC ESCAPE

LASSTHETIC

EST. 1991 SALON



Readers Choice Award Winner
Best Esthetics & Day Spa



Connecting Treatment Rooms
(for Spa Parties)
and FAR Infrared Sauna

*Gift Certificates Available for
any "Treat"ment or Amount*

#305 - 1194 Lansdowne Drive
Eagle Ridge Plaza
(Corner of Guildford Way)

Tel: (604) 942-2990
(24 hour voice mail)

E-mail: info@lasstheticsalon.com
www.lasstheticsalon.com



PROUDLY CANADIAN

HOURS OF BUSINESS

TUESDAY	9:30 – 4:30
WEDNESDAY	9:30 – 9:00
THURSDAY	9:30 – 9:00
FRIDAY	9:30 – 9:00
SATURDAY	9:30 – 4:30

Closed: Sundays, Mondays and Holidays

(Closed Tuesdays following a Holiday Sunday or Monday)



*10% discount on Regular Priced Services for
Students, Women 60 & better, Brides and their
Bridal Party in the week of the Wedding.*

(No discounts on already reduced Packages or Specials)



If you are happy with our service,
tell a friend...If you are not,
please tell us!



The Appointment you selected is Reserved Specially for You!

Please note our 24 hour cancellation policy.

*Please respect our other guests and help preserve
our calm and tranquil environment.*

Prices effective July 1st, 2007

not including GST & Gratuities

*All Service charges & times are approximate
and subject to change without notice.*



Make-Up

(Mineral or Make Me Up)

10% off in-stock Make-Up purchased with session

Application – 45 Min.	\$ 35.00
Bride or Grad (includes trial) – 30 min.	\$ 50.00
Eyes only (application) – 20 min.	\$ 20.00
Lesson – 45 min.	\$ 40.00
Trial – 20 min.	\$ 20.00

Permanent Make-Up

Treatment done by Certified Derma-Technician.

For Permanent Correction or Creation of eye, lip or brow liner.

By appointment only. Prices available upon request.

Reiki / Energy Balancing

Reiki is a Japanese word meaning “universal life energy”.

An ancient healing art rediscovered in the mid 1800’s by Dr.

Mikao Usui. The practitioner radiates healing energy through the hands to balance the physical, emotional, mental and spiritual.

– 30 min.	\$ 30.00
– 60 min.	\$ 60.00
Reiki Combo back massage/lassage – 60 min.	\$ 65.00
Reiki Combo body massage – 90 min.	\$ 95.00

Waxing

For best results, 4-6 weeks of growth is recommended.

Arms half – 20 min. \$ 17.50 full – 30 min. \$ 30.00	
Underarms (w/ European Hard wax) – 15 min. \$ 17.00	
Back or chest – 30 min. from \$ 30.00	
Back or chest & shoulders – 40 min. from \$ 40.00	
Back, chest & shoulders – 60 min. from \$ 70.00	
Eyebrow Shaping (wax or tweeze) – 15 min. \$ 15.00	
Face wax (w/ European Hard wax) – 30 min. \$ 40.00	
Lip (w/ European Hard wax) – 10 min. \$ 10.00	
Chin (w/ European Hard wax) – 15 min. from \$ 15.00	
Lip & Chin – 15 min. \$ 20.00	
Lip and Eyebrow – 25 min. \$ 22.00	
Lip, Chin and Eyebrows – 20 min. \$ 30.00	
Lip, Chin and Sides – 20 min. \$ 34.00	
Sides (w/ European Hard wax) – 15 min. from \$ 15.00	
Legs / Bikini	
Full Leg (incl. bikini line) – 60 min. \$ 60.00	
Full Leg (no bikini line) – 45 min. \$ 50.00	
Lower or Upper Legs (incl. bikini line) – 45 min. \$ 50.00	
Lower or Upper Legs (no bikini line) – 30 min. \$ 32.50	
Bikini line (w/ European Hard wax) – 20 min. \$ 20.00	
Thong Line (w/ European Hard wax) – 25 min. from \$ 25.00	
French (w/ European Hard wax) – 35 min. from \$ 35.00	
Brazilian (w/ European Hard wax) – 60 min. from \$ 55.00	

Hand Care

Artificial Nails

We only offer Healthy Alternatives for Nails

Biosculpture/Light Concept Nails

New set – French extensions – 90 min.	\$ 70.00
New set – French glitter extensions – 90 min.	\$ 75.00
Overlay-clear – 60 min.	from \$ 50.00
Overlay – French or colour – 70 min.	from \$ 60.00
Fill 3 wk – clear – 60 min.	from \$ 45.00
Fill 3 wk – French or colour – 70 min.	from \$ 65.00
One new Nail extension – 10 min.	\$ 7.00

Removal of artificial nails

(Acrylic, Biosculpt or Resin) – 30 min. from \$ **25.00**

Buff & Polish – 30 min. \$ **25.00**

Buff & Polish and Sealer – 45 min. \$ **32.50**

Natural Nails

Manicure

Nail shaping, soaking, cuticle care, massage and polish – 45 min. \$ **27.50**

– No polish – 30 min. \$ **22.50**

– express, no soak, no massage – 35 min. \$ **25.00**

French Manicure – 60 min. \$ **32.50**

Nail Art (per nail) from \$ **5.00**

Nail repair (per nail) from \$ **6.00**

Paraffin Treatment

Treatment for dry skin and arthritis – 15 min.

...with manicure \$ **7.50**

...without manicure \$ **10.00**

Polish Change – 15 min. \$ **15.00**

– French – 20 min. \$ **17.50**

Spa Manicure

Manicure plus X-foliolate & Mask \$ **40.00**

Stone Manicure

Added hot stones to manicure – 60 min. \$ **37.50**

Infrared Therapy

FAR Infrared Sauna sessions for increased Detoxification, Athletic Performance & Weight Loss giving relief of Arthritis, Acne, Cellulite, Eczema, Pain and much more.

– 30 minutes session \$ **25.00**

...or added to any service/treatment (book 1 hr.) \$ **20.00**

...second person pays half \$ **10.00 or \$ 12.50**

Packages available for 5 and 10 Sessions

Day Spa Packages

The perfect gift idea, or a way to save money and time to combine one or more treatments.

- # 1. **Full Meal Deal**
The Works & light lunch and
FAR Infrared session – 5 hrs. \$ **220.00**
Without Infrared Session – 4 hrs. \$ **200.00**
- # 2. **The Works**
Facial, Pedicure, Manicure & Body Massage
& Infrared Session – 4.5 hrs. \$ **210.00**
Without Infrared Session – 3.5 hrs. \$ **190.00**
- # 3. **Esthetic Escape**
Personalized European Facial, Pedicure
Manicure and 30 min. Back Massage
or Lassage & Infrared Sauna – 4 hrs. \$ **190.00**
Without Infrared Session – 3 hrs. \$ **170.00**
- # 4. **New You**
European Facial, Pedicure, Manicure and
Make up – 3 hrs. \$ **170.00**
- # 5. **Head & Toes & Make Up**
Facial & Pedicure & Make up – 2.5 hrs. \$ **145.00**
- # 6. **Head to Toe**
Facial, Pedicure & Manicure – 2.5 hrs. \$ **140.00**
- # 7. **Head & Toes**
Facial & Pedicure – 2 hrs. \$ **115.00**
- # 8. **Spa Pedicure & Spa Manicure**
– 2.5 hrs. \$ **100.00**
- # 9. **Paraffin Pedicure & Manicure**
– 2.5 hrs. \$ **100.00**
- #10. **Facial & Manicure** – 2 hrs. \$ **90.00**
- #11. **Pedicure & Reflexology**
– 2 hrs. \$ **90.00**
- #12. **Stone Pedicure & Manicure**
– 2 hrs. \$ **85.00**
- #13. **Pedicure & Back Massage or**
LASSAGE – 1.5 hrs. \$ **80.00**
- #14. **Pedicure & Manicure**
– French. \$ **80.00**
– Combo – 2 hrs. \$ **70.00**
– no polish – 1.5 hrs. \$ **60.00**

****Add-ons:**

- Light lunch, ask for our menu** \$ **10.00**
FAR Infrared Session \$ **20.00**
Fresh Flowers \$ **15.00**
Limo Service \$ **t.b.c.**

*All Day Spa Packages to be completed in one visit
or single charge applies.*

Facial Care

Aksol (AK2) Facial*

Oil-reducing and anti-bacterial treatment for acne skin – 60 min. **\$ 70.00**

AROMA therapy Facial*

Essential oils are added to facial according to skin type – 90 min. **\$ 80.00**

BIO LIFT A-1-Facial*

Regenerating and firming treatment for mature skin – 90 min. **\$ 90.00**

COLLAGEN Veil Facial*

Ultra-moisturizing soluble collagen treatment – 90 min. **\$ 90.00**

EUROPEAN Facial - Personalized*

Epidermal cleansing, eye brow shaping (optional), herbal steaming, deep cleansing, extractions, massage, mask and moisturizing – 90 min. **\$ 75.00**

Glycolic Plus Facial (AHA*)

To reduce brown spots, regenerate, moisturize and refine – 60 min. **\$ 80.00**

Hydrascience (AHD3) Facial

for all skintypes to restore dehydration – 90 min. **\$ 95.00**

Lymph Drainage Facial Massage

Aids detoxifying and drainage in face. Recommended for acne and fluid retention around eyes. Can be added to any service – 30 min. **\$ 35.00**

MINI Facial - Personalized*

(recommended for acne problems, teenagers and men)
Same as European facial without brow shape or massage – 60 min. **\$ 60.00**

MOOR MUD Facial*

Using Austria's famous Neyhard's Moor Mud to regenerate, detoxify and stimulate – 90 min. **\$ 80.00**

PURE Facial*

The non-botox anti-aging facial – 60 min. **\$ 120.00**

RADIANCE Facial*

To even out darker areas and give the skin radiance – 90 min. **\$ 90.00**

SENSI VITAL Facial*

For fragilized skin – 90 min. **\$ 90.00**

STONE Facial – 80 min.

\$ 85.00

TAI STEM Facial – 80 min.

– coconut, sesame or clay **\$ 90.00**

** Packages of 5 are offered at a discounted rate to increase results (buy 5 get 1 free).*



**LABORATOIRE
DR RENAUD**
CANADA

Skin Care, Make-up and Sun Care Products
(Certified Agent)

Ear Coning

A safe technique to lessen sinus pressure, itchiness, ringing and fluid in the ears and to gently draw out toxins and unwanted yeast and earwax.

Includes four hand made candles – 1 hour **\$ 55.00**

Eye Care

Eye brow shaping – 15 min. **\$ 15.00**

Eye brow tint or bleach – 15 min. **\$ 12.50**

Eye lash tint (Vegetable dye) – 30 min. **\$ 22.00**

Eye lash & brow tint combo – 30 min. **\$ 30.00**

Eye lash & brow tint and shape – 60 min. **\$ 45.00**

Eye lash extensions (indiv. hairs) – 60 min. **\$ 65.00**

Eye lash ext. removal/refill (chg. p. min.) from **\$ 10.00**

Eye lash perm – 40 min. **\$ 50.00**

Eye Treatment

Cleansing, massage, mask & moisturize – 45 min. **\$ 32.50**

...added to any Facial **\$ 25.00**

Foot Care

Detox Foot Spa – 60 min. **\$ 75.00**

Paraffin Treatment

Treatment for dry, cracked skin. – 15 min. **\$ 16.50**

...with Pedicure – 15 min. **\$ 12.50**

Pedicure

In our relaxing recliner – Herbal soak, callous removal & smoothing, toe nail & cuticle care, massage and polish – 90 min.

\$ 52.50

– No polish – 60 min. **\$ 47.50**

– express (no soak /massage) – 60 min. **\$ 47.00**

– French – 90 min. **\$ 57.50**

Polish change – 15 min. **\$ 15.00**

– French – 20 min. **\$ 17.50**

Reflexology

Pressure point massage on nerve ending releases pressure created in the whole body – 45 min.

\$ 45.00

... with pedicure **\$ 90.00**

Spa Pedicure

Pedicure plus X-foliolate & Mask – 100 min. **\$ 70.00**

Stone Pedicure

Pedicure plus hot stones. – 90 min. **\$ 65.00**

Toe nails cut

Includes herbal foot soak. – 20 min. from **\$ 25.00**



Body Care

Back Facial

Epidermal cleansing, steaming, extractions,
mask and moisturizing – 60 min. \$ 60.00

Body Exfoliation / Vegetable Gommage

(Included in Body Mask/Wrap) – 30 min. \$ 35.00

Body Exfoliation & Bronze

Includes exfoliation with an application of a natural
self-tan product. – 60 min. \$ 60.00

Breast Firming Treatment

(Includes home maintenance product) – 45 min. \$ 65.00

Body Masks / Wraps

Cellulite Self Heating Mask

Sea mud eliminates the orange peel effect in
the Bermuda short area – 60 min. \$ 85.00

Contouring Body Mask – 75 min. \$ 90.00

Leg Treatment for Tired Legs

To increase circulation or relieve heavy legs from
pregnancy or fluid retention. – 30 min. \$ 55.00
(Includes home maintenance product)

Moor Mud Body Wrap

Detoxifying and nourishing. With the famous
Austrian Neyhard's Moor Mud – 75 min. \$ 90.00

LASSAGE (Chair Massage)**

Giving through the clothing, sit up massage (no oils);
targets key tension areas. (*Great for Pregnant Women*)
charged per minute starting at 10 min. from \$ 15.00

MASSAGE

Swedish / Aromatherapy

...with personalized blend of essential oils, add \$ 5.00
– 90 min. \$ 90.00 / \$ 95.00
– 60 min. \$ 60.00 / \$ 65.00
– 30 min. \$ 35.00 / \$ 40.00
– 15 min. \$ 20.00 / \$ 25.00

Back, Face, Foot, Hand, Neck, Scalp or Shoulder massage**

Herbal Tai Stem Body – 60 min. \$ 95.00

Stone Massage

Application & massage with water heated basalt stones.
creating sensations of comfort & warmth. – 60 min. \$ 85.00
– 90 min. \$ 120.00

Vital Chi-Brush Massage

Stimulating circulation and exfoliation. – 60 min. \$ 60.00

** can be added to any service.